

Mental Lexicon 2016

Arrival Information

The closest bus stop to the conference venue is Laurier Station (1A and 2A)

From Ottawa Macdonald-Cartier International Airport:

Bus: Take route 97 (Bayshore) from pillar 14 outside the Level 1 Arrivals area to Laurier Station (2A). Tabaret Hall will be directly in front of you as you exit the bus. Walk to opposite side of the building and enter from the Tabaret Lawn entrance for easiest access to the registration desk.

Approximate travel time: 30 minutes Cost: \$3.65 - exact change necessary

Taxi: Take taxi to Tabaret Hall, University of Ottawa (550 Cumberland Avenue)

Approximate travel time: 20-30 minutes Cost: \$30-40

Uber: Take car to Tabaret Hall, University of Ottawa (550 Cumberland Avenue)

Approximate travel time: 20-30 minutes Cost: \$20-30 (app required)

From VIA Rail Ottawa Train Station:

Bus: Take route 96 (Terry Fox) from VIA Rail to Laurier Station (2A). Tabaret Hall will be directly in front of you as you exit the bus. Walk to opposite side of the building and enter from the Tabaret Lawn entrance for easiest access to the registration desk.

Approximate travel time: 15 minutes Cost: \$3.65 - exact change necessary

Taxi: Take taxi to Tabaret Hall, University of Ottawa (550 Cumberland Avenue)

Approximate travel time: 5-10 minutes Cost: \$10-15

Uber: Take car to Tabaret Hall, University of Ottawa (550 Cumberland Avenue)

Approximate travel time: 5-10 minutes Cost: \$7-10 (app required)

From Ottawa Central Station (Bus):

Bus: Walk to Bank/Catherine stop (approx. 3 minutes). Take route 1 or 7 to Rideau Station. Walk to Tabaret Hall (approx. 10 minutes)

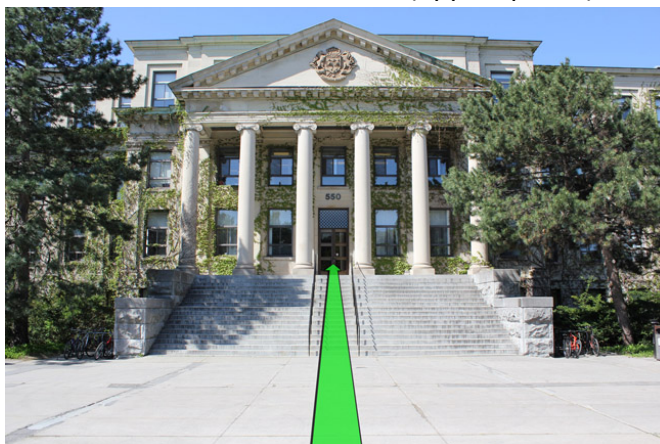
Approximate travel time: 25 minutes Cost: \$3.65 - exact change necessary

Taxi: Take taxi to Tabaret Hall, University of Ottawa (550 Cumberland Avenue)

Approximate travel time: 5-10 minutes Cost: \$10-15

Uber: Take car to Tabaret Hall, University of Ottawa (550 Cumberland Avenue)

Approximate travel time: 5-10 minutes Cost: \$7-10 (app required)



Driving and Parking on Campus

For guests driving to the conference, paid parking is available on campus. Please consult the Parking and Sustainable Transportation Office for rates and available parking lots:

<https://www.uottawa.ca/parking/parking-services/visitors-daily-parking-rates>

The closest parking lots to the conference venue are

- Desmarais Garage (55 Laurier Avenue East)
- Lot B (40 Stewart Street)

Campus parking maps are available here:

https://www.uottawa.ca/facilities/sites/www.uottawa.ca/facilities/files/parking_map.pdf

Off-campus parking is also available at Ottawa City Hall (10 minute walk from Tabaret Hall). More information available here: <http://ottawa.ca/en/residents/transportation-and-parking/parking/short-term-and-monthly-rates-municipal-parking-lots>

[See City Hall Underground Garage- 114 Laurier Ave. West]

*****Please note:** The City of Ottawa is currently undergoing extensive roadwork and construction in preparation for the Light Rail Train system and Canada 150. As a result, traffic flow is greatly affected. Please take this into consideration when planning your arrival and departure times.

Conference Venues and Hotels

Conference Venues

- 1. Tabaret Hall- 550 Cumberland Street-** Main conference venue. Registration desk, talks, posters, Lunch and Learn
 - Please use entrance on Tabaret Lawn side of building for easiest access
- 2. Fairmont Chateau Laurier -1 Rideau Street-** Conference Banquet on Thursday, October 20th
- 3. Alex Trebek Alumni Hall- 157 Séraphin-Marion Private-** Opening Reception on Tuesday, October 18th

Hotels

Sheraton Ottawa Hotel - 150 Albert Street- Approximately 16 minute (1.2km) walk to Tabaret Hall

Hotel Indigo- 123 Metcalfe Street- Approximately 13 minute (950m) walk to Tabaret Hall

Residence Inn by Marriott- 161 Laurier Avenue West- Approximately 15 minute (1.0km) from Tabaret Hall

Novotel Ottawa- 33 Nicholas Street- Approximately 7 minute (550m) walk from Tabaret Hall

HI- Ottawa Jail Hostel- 75 Nicholas Street- Approximately 6 minute (400m walk) from Tabaret Hall

Bus: From Slater/Bank or Slater/Metcalfe stops ●, take eastbound routes 86, 87, 91, 94, 95, 96, 97, or 99 to Laurier station (1A)

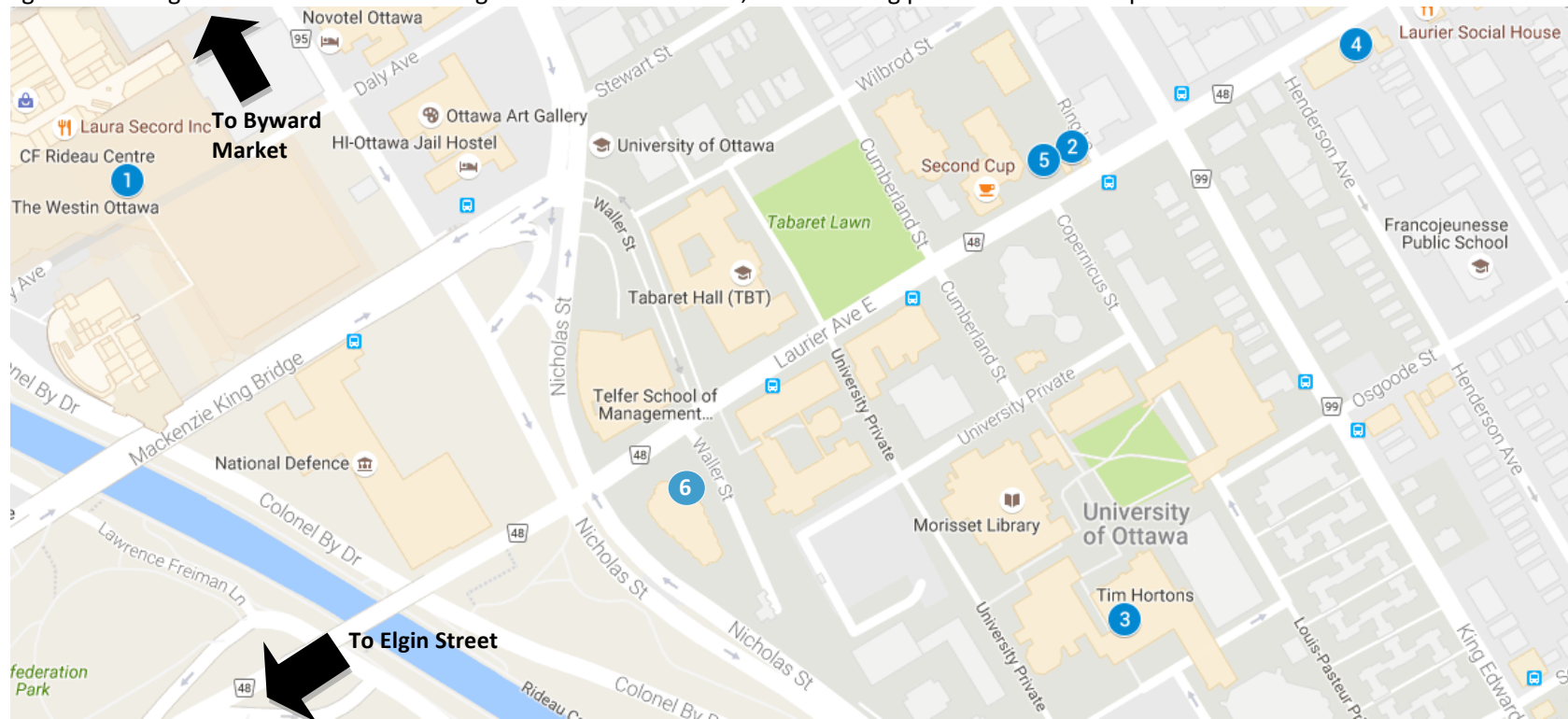


Cafes and Restaurants

Breakfast and early morning coffee: For guests staying at the Sheraton, Indigo, and Residence Inn, there are a variety of coffee shops and eateries in the downtown core that open early to accommodate the morning crowd. Particularly convenient is the Slater/Metcalf intersection, where you will find a Second Cup, Starbucks, Tim Horton's, and Fuel Bar open from 7am or earlier.

For guests staying at the Novotel or HI-Ottawa Jail, you can find a Second Cup, Starbucks, Tim Horton's, and Timothy's, among others, in the Rideau Centre shopping mall. In addition, you are minutes away from the University of Ottawa and its conveniently located coffee shops (Second Cup, Starbucks, Timothy's)!

Lunch: For guests looking for a delicious lunch during the 12:00-13:30 break, the following places are within a quick walk of Tabaret Hall:



1. *Rideau Centre*: Excellent Dining Hall food court and restaurants, featuring everything from standard food court fare to international specialties and delectable desserts. Approximately 7 minutes from Tabaret Hall.
2. *Perfection Satisfaction Promise*: Homemade vegetarian and vegan meals, and fair trade teas and coffees at reasonable prices, 3 minutes from Tabaret Hall.
3. *University Centre*: University food court, sushi and coffee shops, and a convenience store- quick and convenient for guests in a hurry!
4. *Laurier/Nelson Intersection*: A variety of take-out/eat-in shops, including pizza, burgers, subs, shawarma, and a Timothy's coffee shop.
5. *Royal Oak*: Pub food and drinks of all kinds. May be very crowded at lunch!
6. *Freshii*: Popular location for quick, healthy meals and snacks (many vegetarian-friendly options) just steps away from Tabaret Hall. Daily \$6 specials.
6. *Subway*: Sub sandwiches, salads, and snacks.

Dinner: There are many wonderful restaurants in Ottawa for all palates and all budgets. We suggest taking a stroll around the Byward Market or a walk down Elgin Street, or asking one of our volunteers for a recommendation!